

# ONE HOUR Strippy Table Runner by Lindsey Weight for FWFS



**Finished Size: (varies) Sample is approximately 50" X 15.25"**

## **Supplies needed:**

8 Fat Quarters

½ yard of backing (or more depending on how long you make your runner)

Batting

## **Cutting:**

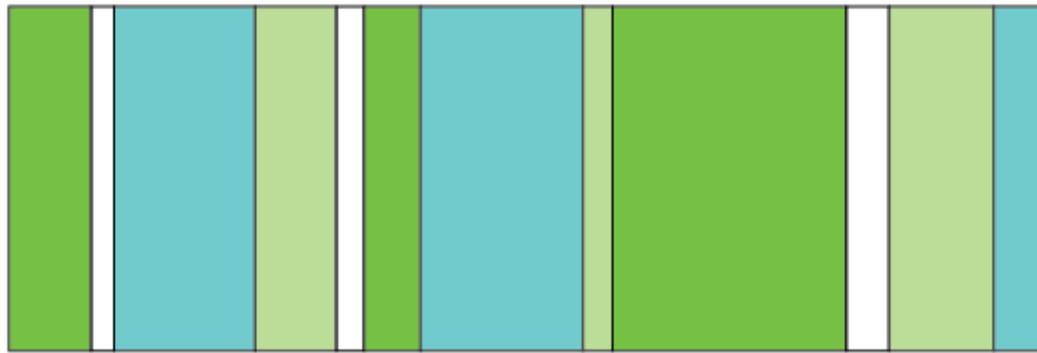
Desired runner length will determine how many strips to cut.

Each strip needs to be cut 16" long - but the widths are varied. Our strips started anywhere from 1.5" wide to 7" wide (the 7" wide pieces were of the main print)

## **Assembly:**

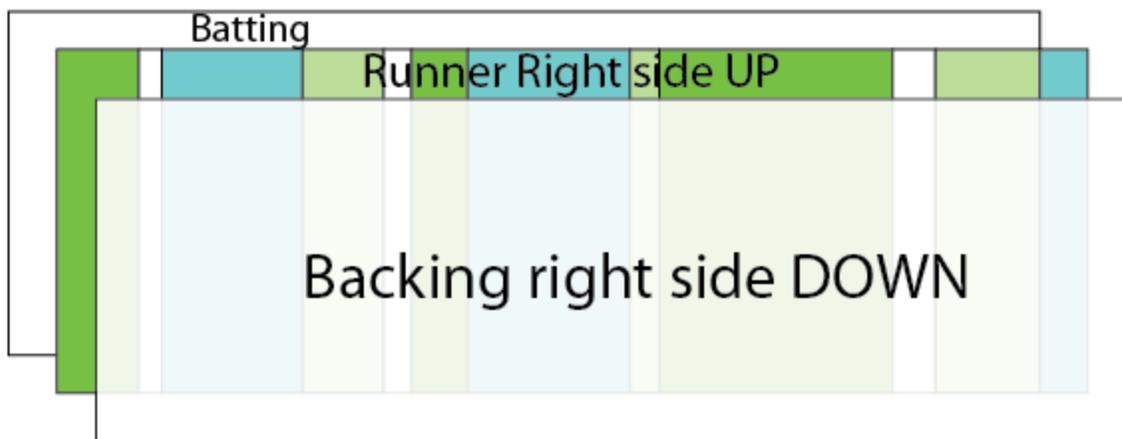
You can make your runner as long as you would like and as wide as you'd like! This is all a personal preference. Depending on how long you want your runner will determine how many strips you sew together. I just sewed strips together until I liked the length of it. This runner ended up being about 50" long.

TIP: Lay your strips out - I decided to lay out the entire runner before I sewed it together - I wanted to make sure I didn't have two of the same fabrics touching. I also didn't want two of the same size of strips next to each other. I wanted it varied. If you don't care, you can just grab a strip of fabric and start sewing them together.



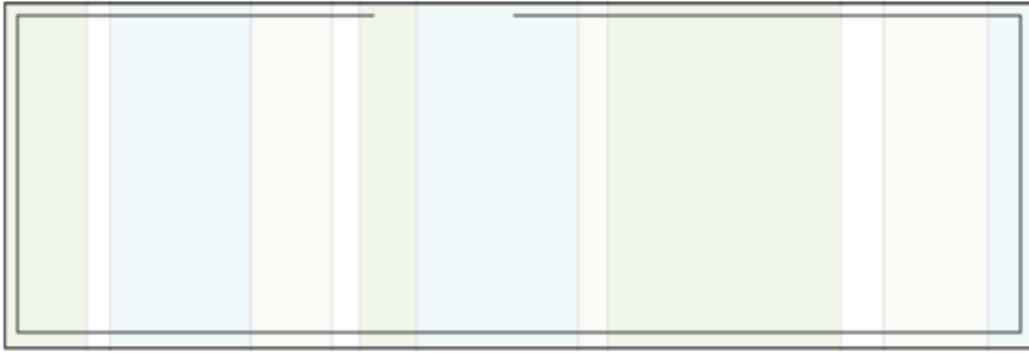
Once you have your strips all sewn together - give it a good press. Trim the sides if necessary to square up your runner. TIP: Do a good trim to make sure it is nice and even on all sides. Once you do that, you will measure your runner and cut your batting and backing the exact size of your runner.

Layer your batting first, then your runner right side up and then your backing right side down:



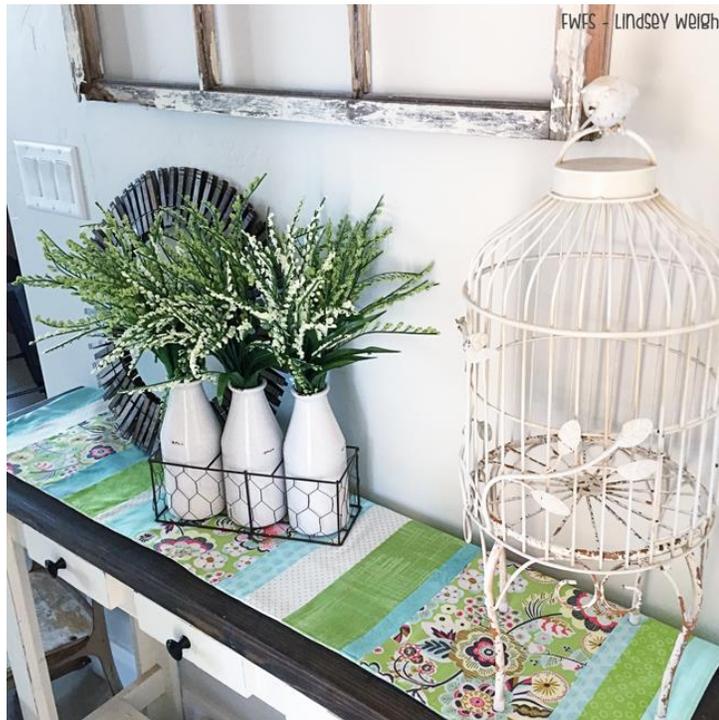
Once you have all the layers and lined up - pin ALL the way around. This is very important so your fabrics don't shift when sewing them together! If you have a walking foot - this is a great foot to use when sewing layers together. Once you have pinned, you will sew all the way around using  $\frac{3}{8}$ " seam allowance - leave about a 4-6" opening. I like to use a larger seam allowance just in case my fabrics shift a little. Make sure you catch all three layers when sewing them together.

## LEAVE OPENING



Once you have sewn around your runner, you will use the opening to turn it right side out. Press the opening shut and sew around the entire runner about 1/8" from the edge. You can then quilt it as well - simply stitch in the ditch if you don't want any noticeable quilting - or do some free motion quilting if you want denser quilting!

That's it! It took me less than an hour to complete this project and I love how it turned out!



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